

December 2024

Gluten Free MS

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 All Menu Items come with Fresh Fruit and Fresh Vegetable	3 Chicken Tenders/Nuggets Bowl with Mashed Potatoe and Corn Grilled Chicken Sandwich Hamburger with or without cheese	4 Chicken Ceasar Salad Grilled Chicken Sandwich Hamburger with or without cheese	5 Beef Nachos with Queso and Black Bean and Corn Salsa Grilled Chicken Sandwich Hamburger with or without cheese	6 • Grilled Chicken Parmesan Grilled Chicken Sandwich Hamburger with or without cheese
9 Waffles/Pancakes with Sausage Grilled Chicken Sandwich Hamburger with or without cheese	10 Grilled Chicken with Orange Hunan Sauce and Rice Cheeseburger Grilled Chicken Sandwich Hamburger with or without cheese	11 Chicken Gyro Sub Grilled Chicken Sandwich Hamburger with or without cheese	12 Pasta Bar with Meatballs Cheeseburger Grilled Chicken Sandwich Hamburger with or without cheese	13 Breakfast Sandwich with Egg, Sausage and Cheese Grilled Chicken Sandwich Hamburger with or without cheese
16 Taco Bar Grilled Chicken Sandwich Hamburger with or without cheese	17 Potato Bar with Chili, Cheese Sauce and Sour Cream Grilled Chicken Sandwich Hamburger with or without cheese	18 Chili Con Carne with Rice and Beans Grilled Chicken Sandwich Hamburger with or without cheese	19 Chicken Nugget/Tenders Grilled Chicken Sandwich Hamburger with or without cheese	20 Sausage Egg and Cheese Breakfast Sandwich Grilled Chicken Sandwich Hamburger with or without cheese
23	24	25	26	27
30	31	<i>Menu Subject to Change</i>		



Daily Options: Crispy Chicken Patty Sandwich , Fruit & Yogurt Parfait with Granola , Wow Butter and Jelly Sandwich , CHEESEBURGER

Fruit Bar Options: Golden Delicious Apple , Fresh Petite Banana , Fresh Orange , Raisins , Diced Pears , Fresh Apple Slices , Citrusy Mandarin Oranges , Refreshing Mixed Fruit , Tropical Pineapple Tidbits , Cranberry Sauce , Sliced Luscious Strawberries

Vegetable Bar Options: Fresh Broccoli Florets , Fresh Baby Carrots , Crunchy Celery Sticks , Fresh Cucumber Slices , Fresh Red and Green Peppers , Garden Side Salad , Roasted Chickpeas

Milk Daily Options: Milk, Schneider's Skinny Mini's Fat Free Chocolate , Milk, Schneider's Skinny Mini's Fat Free Strawberry Milk, Schneider's Skinny Mini's Fat Free Vanilla M , Milk, 1% Lowfat, Schneiders, MILK , Milk, Fat Free Skim Milk, Half Pint, Schneider's,

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