

# December 2024

Gluten Free HS

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> All selections come with fresh fruit and fresh vegetables Please specify if you want cheese on your sandwiches	<b>3</b> Chicken Bowl with mashed potatoes and corn Grilled Chicken Sandwich Hamburger with or without cheese	<b>4</b> Chicken Ceasar Salad Grilled Chicken Sandwich Hamburger with or without cheese	<b>5</b> Beef Nachos with Fries Grilled Chicken Sandwich Hamburger with or without cheese	<b>6</b> Grilled Chicken Parmesan with Pasta Grilled Chicken Sandwich Hamburger with or without cheese
<b>9</b> Waffles/Pancakes with Sausage Grilled Chicken Sandwich Hamburger with or without cheese	<b>10</b> Grilled Chicken Ceasar Salad Grilled Chicken Sandwich Hamburger with or without cheese	<b>11</b> Chicken Gyro Sub Sandwich Grilled Chicken Sandwich Hamburger with or without cheese	<b>12</b> Pasta with Grilled Chicken & Garlic Bread Grilled Chicken Sandwich Hamburger with or without cheese	<b>13</b> Breakfast Egg and Sausage Sandwich Grilled Chicken Sandwich
<b>16</b> Taco Bar and Toppings Grilled Chicken Sandwich Hamburger with or without cheese	<b>17</b> Loaded Baked Potato with Cheese & Chili Grilled Chicken Sandwich Hamburger with or without cheese	<b>18</b> Chili Con Carne with Rice Grilled Chicken Sandwich Hamburger with or without cheese	<b>19</b> Chicken Nugget/Tenders Grilled Chicken Sandwich Hamburger with or without cheese	<b>20</b> • Cheese Pizza Grilled Chicken Sandwich Hamburger with or without cheese
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>30</b>	<b>31</b>	<i>Menu Subject to Change</i>		



**Daily Options:** Crispy Chicken Patty Sandwich , Fruit & Yogurt Parfait with Granola , Wow Butter and Jelly Sandwich , CHEESEBURGER

**Fruit Bar Options:** Golden Delicious Apple , Fresh Petite Banana , Fresh Orange , Raisins , Diced Pears , Fresh Apple Slices , Citrusy Mandarin Oranges , Refreshing Mixed Fruit , Tropical Pineapple Tidbits , Cranberry Sauce , Sliced Luscious Strawberries

**Vegetable Bar Options:** Fresh Broccoli Florets , Fresh Baby Carrots , Crunchy Celery Sticks , Fresh Cucumber Slices , Fresh Red and Green Peppers , Garden Side Salad , Roasted Chickpeas

**Milk Daily Options:** Milk, Schneider's Skinny Mini's Fat Free Chocolate , Milk, Schneider's Skinny Mini's Fat Free Strawberry Milk, Schneider's Skinny Mini's Fat Free Vanilla M , Milk, 1% Lowfat, Schneiders, MILK , Milk, Fat Free Skim Milk, Half Pint, Schneider's,

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