



Peters Township School District Pleasant Valley Lunch Menu

January 2017

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|--|
| 2 No School | 3 Chicken Mashed Potato Bowl/ Breadstick Salsa Burger Ranch Chicken Salad Asian Chicken Wrap Mixed Vegetables Diced Peaches | 4 Chicken Soft Tacos/Rice Chicken Nuggets/ Breadstick Ranch Chicken Salad Asian Chicken Wrap Corn Diced Pears | 5 Chicken Enchiladas/Rice Breaded Fish Melt Ranch Chicken Salad Asian Chicken Wrap Chipotle Beans Applesauce | 6 Cheesy Baked Penne Hot Dog on a Bun Ranch Chicken Salad Asian Chicken Wrap Steamed Spinach Mandarin Oranges |
| 9 Cheese Pizza Sticks/Sauce Cheeseburger Chicken Chef Salad Ham/Cheese Hoagie Corn Fruit Cocktail | 10 Chicken Patty Sandwich BBQ Pork Riblet Chicken Chef Salad Ham/Cheese Hoagie Green Beans Diced Peaches | 11 Orange Popcorn Chicken/ Rice Chicken Nuggets/Breadstick Chicken Chef Salad Ham/Cheese Hoagie Sweet Potato Tater Tots Diced Pears | 12 Cheese Pizza Corn Dog Stick Chicken Chef Salad Ham/Cheese Hoagie Black Beans Applesauce | 13 Penne Pasta & Chicken Waffles/Sausage Chicken Chef Salad Ham/Cheese Hoagie Steamed Spinach Mandarin Oranges |
| 16 No School | 17 Chicken Nugget Bowl/Roll Chicken Cheesesteak Popcorn Chicken Salad Ham/Turkey/Cheese Hoagie Sliced Carrots Diced Peaches | 18 Walking Taco/Rice Chicken Nuggets/Breadstick Popcorn Chicken Salad Ham/Turkey/Cheese Hoagie Baked Beans Diced Pears | 19 Roast Turkey/Stuffing/Gravy Veggie Burger Popcorn Chicken Salad Ham/Turkey/Cheese Hoagie Steamed Zucchini Applesauce | 20 Cheese Quesadilla Cheeseburger Popcorn Chicken Salad Ham/Turkey/Cheese Hoagie Steamed Broccoli Mandarin Oranges |
| 23 Pancakes/Sausage Chicken Patty Sandwich Turkey Chef Salad Chicken/Cheese Hoagie Tater Tots Fruit Cocktail | 24 Pierogis w/ Fish Sticks Cheeseburger Turkey Chef Salad Chicken/Cheese Hoagie Green Beans Diced Peaches | 25 Walking Taco/Rice Grilled Cheese Turkey Chef Salad Chicken/Cheese Hoagie Sweet Potato Fries Diced Pears | 26 Cheese Pizza Chicken Nuggets/Breadstick Turkey Chef Salad Chicken/Cheese Hoagie Green Peas Applesauce | 27 Mac N Cheese/Popcorn Chicken Corn Dog Stick Turkey Chef Salad Chicken/Cheese Hoagie Steamed Spinach Mandarin Oranges |
| 30 No School | 31 Bean & Rice Tortilla Bowl Cheeseburger Chicken Caesar Salad Turkey Hoagie Green Beans Diced Peaches | | | |

DAILY FEATURES

- ✓ Chicken Patty Sandwich
 - ✓ Bagel & Yogurt
 - ✓ Bagel & String Cheese
 - ✓ SunButter & Jelly Sandwich
 - ✓ Apples, Oranges & Bananas
- Available Daily

Choice of Milk

Low-fat & Fat-free white and fat-free flavored choices.

+ Take 2...Any 2

**Choice of Fruits,
Veggies, or Juice Daily**
*Pick your favorites
from a variety of
Fresh, Cooked, Canned
or Juice all available
everyday!*



Vegetable choices may include:

- Monday:** Baby Carrots and Broccoli Florets
Tuesday: Broccoli Florets and Red Pepper Strips
Wednesday: Baby Carrots and Cucumbers
Thursday: Celery Sticks and Grape Tomatoes
Friday: Baby Carrots and Cucumbers

