

HIGH SCHOOL LUNCH

October 2015



THE GRILLE

Daily Grab and Go...

**Cheeseburger
Chicken Patty
Chicken Nuggets**

**Monday
Spicy Chicken**

**Tuesday
Bacon Cheeseburger**

**Wednesday
Chicken Club**

**Thursday
Hot Dog**

**Friday
Grilled Chicken**

FUEL PROMOTION:

Oct 12-16 Spicy BBQ
Chicken Rolletto



Oct 19-23 All-American Rolletto

We are currently looking for Cafeteria Workers, Please contact Food Service Office if interested 724-941-6251 Ext 7226

5 Chicken Parm

Grilled Cheese w/
Tomato Soup

Garden Salad

12 Chicken Bacon

Chicken Tenders
w/ Dinner Roll

French Fries and/or
Peas

19 Spicy Chicken

Cheese Pizza Sticks
w/ Marinara Sauce

Garden Salad

26 Chicken Bacon

Hot Italian Hoagie

French Fries

6

Sweet & Sour Chicken
w/ Fried Rice

Carrots

13

Chicken Mashed Potato
Bowl

Carrots

20

Fiestada Pizza

Carrots and/or French
Fries

27

Chili Cheese Dog

Sweet Potato Fries

7

Broccoli & Cheese
Baked Potato w/
Dinner Roll

Pinto Beans

14

Spicy Pineapple
Chicken Sandwich

Vegetarian Baked Beans

21

Portable Taco w/
Mexican Spiced Rice

Corn

28

Pierogies

Pinto Beans

1

Chicken Fajitas w/
Santé Fe Rice

Broccoli

8

Chicken Tacos w/
Mexican Spiced Rice

Green Beans

15

Chicken & Gravy
over Biscuit

Broccoli

22

Orange Popcorn
Chicken & Cilantro
Lime Rice

Green Beans

29

Big HC

Broccoli

2

Chicken Tenders w/
Dinner Roll

French Fries

9

Meatball Hoagie

French Fries

16

No School

23

Beef Nachos w/
Mexican Spiced Rice

Pinto Beans

30

Lime Chipotle
Chicken Burrito

Carrots

THE PIZZERIA

Daily Grab and Go...

**Cheese Pizza
Pepperoni Pizza**

**Monday
Buffalo Chicken**

**Tuesday
Meat Lover's**

**Wednesday
Sausage Pizza**

**Thursday
Veggie Lover's**

**Friday
White Pizza**

Daily Fruits

Apples, Oranges
and Bananas

Sept 28-Oct 2:

Pears

Oct 5-Oct 9:

Peaches

Oct 12-16:

Pineapples

Oct 19-23:

Pears

Oct 26-Oct 30:

Peaches

Deli Bar : Made 2 Order

Chicken Caesar Wrap

Mediterranean Wrap

Grilled Chicken Wrap

Turkey BLT Wrap

Spicy Chicken Wrap

aramark

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Premium Entrée Line

Panini Day

Boneless Wing Bar

Mexican Day

Personal Pizza/ Cheesy
Breadsticks

Italian Day

Grab & Go Cooler

*Make sure to check out
the Cooler for quick &
easy lunch options!*

**Specialty Salads,
Sandwiches and Wraps
Yogurt Parfaits**

Start here! Choose Entrée

+ Take 2....Any 2

Fresh fruits and veggies galore. Vegetable blends and station-specific sides make choosing only two a difficult decision. Low Fat and Skim Milk offered daily.

ALL ITEMS MEET THE USDA REGULATIONS AND REQUIREMENTS FOR THE NATIONAL SCHOOL LUNCH PROGRAM