



McMurray Lunch Menu

October 2017

2
Pasta Bar
 Chicken Patty Sandwich
 Chicken Caesar Salad
 Turkey Hoagie

side items
Green Beans
 Diced Peaches

3
Chicken Drumstick/Roll
 Turkey & Cheese Melt
 Chicken Caesar Salad
 Turkey Hoagie

side items
Mashed Potatoes/Gravy
 Grapes

4
Chicken Soft Tacos/Rice
 Chicken Nuggets/Breadstick
 Chicken Caesar Salad
 Turkey Hoagie

side items
Baked Beans
 Applesauce

5
Cheese Pizza
 Cheeseburger
 Chicken Caesar Salad
 Turkey Hoagie

side items
Sliced Carrots
 Pineapple Tidbits

6
Waffles/Sausage
 Chicken Popcorn/Roll
 Chicken Caesar Salad
 Turkey Hoagie

side items
Steamed Spinach
 Fresh Kiwi

9
Pasta Bar
 Spicy Chicken Patty Sandwich
 Popcorn Chicken Salad
 Ham Hoagie

side items
Squash
 Diced Peaches

10
Chicken Mashed Potato Bowl/Pretzel
 Fish Melt
 Popcorn Chicken Salad
 Ham Hoagie

side items
Cauliflower
 Raisins

11
Tater Bite Chicken Nachos
 Hot Dog
 Popcorn Chicken Salad
 Ham Hoagie

side items
Pinto Beans
 Applesauce

12 Pizza Hut Day
Pizza Hut Pizza
 Chicken Tenders/Breadstick
 Popcorn Chicken Salad
 Ham Hoagie

side items
French Fries
 Pineapple Tidbits

13
French Toast Sticks/Sausage
 Grilled Cheese
 Popcorn Chicken Salad
 Ham Hoagie

side items
Steamed Broccoli
 Mandarin Oranges

16
Pasta Bar
 Grilled Cheese
 All American Chef Salad
 Roast Beef Hoagie

side items
Black Beans
 Diced Peaches

17
Orange Popcorn Chicken/Rice
 Pierogis/Popcorn Chicken
 All American Chef Salad
 Roast Beef Hoagie

side items
Green Beans & Carrots
 Grapes

18
Walking Taco
 Chicken Nuggets/Breadstick
 All American Chef Salad
 Roast Beef Hoagie

side items
Corn
 Applesauce

19
Cheese Pizza
 Cheeseburger
 All American Chef Salad
 Roast Beef Hoagie

side items
Tater Tots
 Pineapple Tidbits

20
Cheese Pizza Sticks/Sauce
 Pork BBQ Sandwich
 All American Chef Salad
 Roast Beef Hoagie

side items
Steamed Spinach
 Fresh Kiwi

23
Cheese Quesadilla
 Chicken Patty Sandwich
 Fruit & Cheese Platter
 Chicken Salad Hoagie

side items
Peas
 Diced Peaches

24
Chicken Nugget Bowl/Roll
 Ham & Cheese Melt
 Fruit & Cheese Platter
 Chicken Salad Hoagie

side items
Baked Beans
 Raisins

25
Walking Taco
 Chicken Cheesesteak
 Fruit & Cheese Platter
 Chicken Salad Hoagie

side items
Corn
 Applesauce

26 Pizza Hut Day
Pizza Hut Pizza
 Cheeseburger
 Fruit & Cheese Platter
 Chicken Salad Hoagie

side items
Sliced Carrots
 Pineapple Tidbits

27
Waffles/Sausage
 Chicken Popcorn/Roll
 Fruit & Cheese Platter
 Chicken Salad Hoagie

side items
Steamed Broccoli
 Mandarin Oranges

30
Mac N Cheese/Fish Sticks
 Spicy Chicken Patty Sandwich
 All American Cobb Salad
 Italian Hoagie

side items
French Fries
 Diced Peaches

31
Breaded Chicken Drumstick
 Grilled Cheese
 All American Cobb Salad
 Italian Hoagie

side items
Green Beans
 Grapes

1
Walking Taco
 Chicken Nuggets/Breadstick
 All American Cobb Salad
 Italian Hoagie

side items
Black Beans
 Applesauce

2
No School

side items

3
No School

side items



Daily Features:
 Grab N Go Flatbread Pizza Kit
 Yogurt Parfait
 WG Pretzel/Cheese Stick/Trix Yogurt

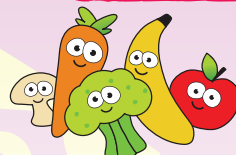
Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Veggies may include:



Baby Carrots, Broccoli Florets, Red Pepper Strips, Cucumber Slices, Grape Tomatoes & Celery Sticks



Available Daily:
 Fat-Free and 1% white milk



Fat-Free flavored milk choices

