

## **HIGH SCHOOL LUNCH**

**March 2014** 

14

21

French Toast

w/ Chicken Sausage

Sticks



THE PIZERRIA

Cheese Pizza

Pepperoni Pizza

Monday

Tuesday

Meat Lover's

Friday

Bacon

## 3 4

THE REST	OBULE
IHE	GRILLE

Daily grab and Go...

Cheeseburger **Chicken Patty** 

**Chicken Nuggets** 

Monday Spicy Chicken

Tuesday **Bacon Cheeseburger** Wednesday

**Thursday BBQ Onion** 

Chicken Club

Cheeseburger Friday

Grilled Chicken

**DELI BAR....MADE 2 ORDER** 

start with a grain Breads, wraps, rolls, etc... get some protein

Turkey, ham, chicken, egg... find some cheese American, swiss, cheddar...

customize it Vegetables, spreads... or grab a featured! Daily wrap features for the

on-the-go student

11 10 Cheesesteak Chicken Hoagie **Tenders** w/ Wedge Fries

**Grilled Cheese** 

Tomato Soup

17

24

31

Hot & Spicy

w/ French Fries

Meatball Hoagie

Grilled Cheese

Chicken Caesar

Wrap

Mediterranean Wrap

Grilled Chicken Wrap

Turkey BLT Wrap

Spicy Chicken Wrap

Tomato Soup

w/ Wedge Fries

w/French Fries 18 Popcorn Chicken

French Toast **Sticks** w/ Chicken Sausage 25

Chicken Nachos

w/ Mexican rice &

Pinto Beans

Corn Dog w/ sweet potato puffs

WEDNESDAY

**THURSDAY** 

FRIDAY

**Premium Entrée Line** grab and go... **MONDAY** 

Panini Day Boneless Wing Bar **TUESDAY** 

5

12

9

Mac N Cheese

**Traveling Taco** 

W / Mexi-Spiced

Rice & Pinto Beans

**Beef Soft Tacos** 

Pinto Beans

w/cilantro lime rice &

w/stewed tomatoes

Panini Day Italian Day

Panini Day

**Beef Nachos** Hot Italian W / Spiced Rice & Black Beans 0

Hoagie w/Pasta Salad **Pierogies** 

w/ Green Beans 27 2 Hot Italian Hoagie w/Pasta Salad

Lunch options!

**Regular & Premium Salads** 

**Regular & Premium** 

Sandwiches and Wraps

**Yogurt Parfaits** 

Hummus, Pita, & Veggies

**Grab & Go Cooler** Make sure to check out the Cooler for quick & easy

w/ Veggies & Rice Daily grab and Go...

**Grilled Cheese** & Bacon w/ Tomato Soup

Sweet & Sour

Chicken

No School -

**Buffalo Chicken** Orange Chicken w/ Rice & Broccoli

Wednesday Sausage & Mushroom Teacher In-Service **Thursday** Veggie Lover's

**Start here! Choose Entrée** 

+ Take 2 ....Any 2

Fresh fruits and veggies galore. Vegetable blends and station-specific sides make choosing only two a difficult decision. Low fat and Skim available daily

Lunch Prices

Regular Lunch - \$2.15 Premium Lunch - \$3.40 Free to all who Qualify

Reduced - \$0.40 Adult Meal - \$2.75 Prem. Adult - \$3.80