

Family Support Resources Fair



February 22, 5:30-8 p.m. • Peters Township High School

The Peters Township High School Counseling Department is sponsoring a community Family Support Resources Fair to showcase resources in our area. The purpose of the event is to help provide information about various mental health, drug and alcohol awareness and supportive resources that are available to our families. The evening will feature two guest speakers as well as an opportunity to talk with representatives from various organizations in our area.

Guest Speakers

6 p.m. Talk Saves Lives

Learn about the scope of suicide's impact in the U.S., what increases someone's risk for suicide, the warning signs you can observe, how to start a conversation and options for getting help. It's important information that may help save a life.

Presenter: Katelyn Lamm, Western PA Chapter Chairperson of The American Foundation for Suicide Prevention

7 p.m. The Calm in the Storm

Gain a deeper understanding of anxiety as a physiological response, a conditioned reaction to generalized situations, and how support in your words and your body language can lead a person to overcoming it.

Presenter: Matthew Tutay, MS, MSW, LSW, Clinical Director of SPS Behavioral Health Services CARE Center, Inc. & Southwest Behavioral Care, Inc.

Special Note: Several agencies are already on board for this event, but we are looking for more groups to take part. Every participating agency will be provided a table to display materials. Interested agencies should contact Leyna Steffen, Dean of College and Career Readiness at 724-941-6250 x5213 or via email at steffenl@pt-sd.org.