



Bower Hill Lunch Menu

February 2019

				1 Pasta Bar Chicken Popcorn/Roll Fruit & Cheese Platter Ranch Chicken Wrap Sliced Carrots Fruit Cocktail
4 Chicken Nugget Bowl/Roll Chicken Patty Sandwich Popcorn Chicken Salad Italian Hoagie Tater Tots Diced Peaches	5 Cheese Pizza Grilled Cheese Popcorn Chicken Salad Italian Hoagie Baked Beans Applesauce	6 Walking Taco Chicken Nuggets /Breadstick Popcorn Chicken Salad Italian Hoagie Corn Grapes	7 French Toast Sticks /Sausage Cheeseburger Popcorn Chicken Salad Italian Hoagie Sliced Carrots Pineapple Tidbits	8 Mac N Cheese/Fish Sticks Pork BBQ Sandwich Popcorn Chicken Salad Italian Hoagie Steamed Broccoli Mandarin Oranges
11 Breaded Drumstick/Roll Chicken Patty Sandwich Chicken Caesar Salad Turkey Hoagie Mashed Potatoes/Gravy Diced Peaches	12 Waffles/Sausage Cheeseburger Chicken Caesar Salad Turkey Hoagie Sliced Carrots Pineapple Tidbits	13 Chicken Soft Tacos/Rice Chicken Nuggets/ Breadstick Chicken Caesar Salad Turkey Hoagie Baked Beans Grapes	14 Cheese Pizza Grilled Cheese Chicken Caesar Salad Turkey Hoagie Green Beans Applesauce	15 No School
18 Chicken Mashed Potato Bowl/Mini Pretzel Cheese Pizza Sticks/Sauce Popcorn Chicken Salad Ham Hoagie French Fries Diced Peaches	19 Pizza Hut Pizza Chicken Patty Sandwich Popcorn Chicken Salad Ham Hoagie Sliced Carrots Applesauce	20 Walking Taco Chicken Tenders/Roll Popcorn Chicken Salad Ham Hoagie Pinto Beans Blueberries	21 Pancakes/Sausage Hot Dog Popcorn Chicken Salad Ham Hoagie Cauliflower Diced Pears	22 Pasta Bar Pork BBQ Sandwich Popcorn Chicken Salad Ham Hoagie Peas & Carrots Fruit Cocktail
25 Orange Popcorn Chicken /Rice Meatball Sub All American Chef Salad Pita/Veggie/Hummus Kit Sliced Carrots Diced Peaches	26 Cheese Pizza Grilled Cheese All American Chef Salad Pita/Veggie/Hummus Kit Steamed Broccoli Applesauce	27 Nachos Grande Chicken Nuggets /Breadstick All American Chef Salad Pita/Veggies/Hummus Kit Corn Grapes	28 Waffles/Sausage Cheeseburger All American Chef Salad Pita/Veggies/Hummus Kit Hash Brown Pineapple Tidbits	1 Cheese Quesadilla Mini Corn Dogs All American Chef Salad Pita/Veggies/Hummus Kit Baked Beans Mandarin Oranges

Daily Features:

Grab N Go Flatbread Pizza Kit
 Yogurt Parfait
 WG Pretzel/Cheese Stick/Trix Yogurt
 SunButter & Jelly Sandwich
 Apples, Oranges & Bananas

Veggies May Include:

Baby Carrots, Broccoli Florets, Red Pepper Strips, Cucumber Slices, Grape Tomatoes & Celery Sticks

Available Daily:

Fat-Free and 1% white milk as well as Fat-Free flavored milk choices

This institution is an equal opportunity provider.

We are looking for Cafeteria Substitute Workers!
 Please contact Food Service @ 724-941-6251 x 7226

