



Bower Hill Lunch Menu

December 2018

<p>3 Breaded Drumstick/Roll Chicken Patty Sandwich Chicken Caesar Salad Turkey Hoagie</p> <hr/> <p>Mashed Potatoes/Gravy Diced Peaches</p>	<p>4 Cheese Pizza Grilled Cheese Chicken Caesar Salad Turkey Hoagie</p> <hr/> <p>Green Beans Applesauce</p>	<p>5 Walking Taco Chicken Nuggets/ Breadstick Chicken Caesar Salad Turkey Hoagie</p> <hr/> <p>Baked Beans Grapes</p>	<p>6 Waffles/Sausage Cheeseburger Chicken Caesar Salad Turkey Hoagie</p> <hr/> <p>Sliced Carrots Pineapple Tidbits</p>	<p>7 Chicken Parm w/ Pasta Mini Corn Dogs Chicken Caesar Salad Turkey Hoagie</p> <hr/> <p>Steamed Broccoli Mandarin Oranges</p>
<p>10 Chicken Mashed Potato Bowl/Mini Soft Pretzel Cheese Pizza Sticks/Sauce Popcorn Chicken Salad Ham Hoagie</p> <hr/> <p>French Fries Diced Peaches</p>	<p>11 Pizza Hut Pizza Chicken Patty Sandwich Popcorn Chicken Salad Ham Hoagie</p> <hr/> <p>Sliced Carrots Applesauce</p>	<p>12 Walking Taco Chicken Tenders/Roll Popcorn Chicken Salad Ham Hoagie</p> <hr/> <p>Pinto Beans Blueberries</p>	<p>13 Pancakes/Sausage Hot Dog Popcorn Chicken Salad Ham Hoagie</p> <hr/> <p>Cauliflower Diced Pears</p>	<p>14 Pasta Bar Pork BBQ Sandwich Popcorn Chicken Salad Ham Hoagie</p> <hr/> <p>Peas & Carrots Fruit Cocktail</p>
<p>17 Orange Popcorn Chix /Rice Meatball Sub All American Chef Salad Pita/Veggie/Hummus Kit</p> <hr/> <p>Sliced Carrots Diced Peaches</p>	<p>18 Cheese Pizza Grilled Cheese All American Chef Salad Pita/Veggie/Hummus Kit</p> <hr/> <p>Steamed Broccoli Applesauce</p>	<p>19 Nachos Grande Chicken Nuggets /Breadstick All American Chef Salad Pita/Veggies/Hummus Kit</p> <hr/> <p>Corn Grapes</p>	<p>20 Waffles/Sausage Cheeseburger All American Chef Salad Pita/Veggies/Hummus Kit</p> <hr/> <p>Hash Brown Pineapple Tidbits</p>	<p>21 Cheese Quesadilla Mini Corn Dogs All American Chef Salad Pita/Veggies/Hummus Kit</p> <hr/> <p>Baked Beans Mandarin Oranges</p>
<p>24 No School Winter Break</p>	<p>25 No School Winter Break</p>	<p>26 No School Winter Break</p>	<p>27 No School Winter Break</p>	<p>28 No School Winter Break</p>
<p>31 No School Winter Break</p>	<p>1 No School Winter Break</p>	<p>2 Chicken Soft Tacos/Rice Chicken Nuggets /Breadstick Buffalo Chicken Salad Italian Hoagie</p> <hr/> <p>Corn Grapes</p>	<p>3 French Toast Sticks /Sausage Cheeseburger Buffalo Chicken Salad Italian Hoagie</p> <hr/> <p>Sliced Carrots Pineapple Tidbits</p>	<p>4 Mac N Cheese/Fish Sticks Pork BBQ Sandwich Buffalo Chicken Salad Italian Hoagie</p> <hr/> <p>Steamed Broccoli Mandarin Oranges</p>

Daily Features:

- Grab N Go Flatbread Pizza Kit
- Yogurt Parfait
- WG Pretzel/Cheese Stick/Trix Yogurt
- SunButter & Jelly Sandwich
- Apples, Oranges & Bananas

Veggies May Include:

- Baby Carrots, Broccoli Florets, Red Pepper Strips, Cucumber Slices, Grape Tomatoes & Celery Sticks
- Available Daily:**
Fat-Free and 1% white milk as well as Fat-Free flavored milk choices

This institution is an equal opportunity provider.

We are looking for Cafeteria Substitute Workers!
Please contact Food Service @ 724-941-6251 x 7226

