

Apple Crisp

8 – 10 apples peeled, cored and sliced in a 9 x 13 baking dish
2 Tablespoons lemon juice mixed with apples (optional)
3/4 Cup sugar sprinkled over the apples

In separate bowl:

1 Cup flour

1 Cup brown sugar

1 stick of softened butter

1/2 Cup of rolled oats (increase to 1 cup if using quick oats)

1/2 teaspoon nutmeg

2 teaspoons cinnamon

1/4 teaspoon salt

Mix together the ingredients until the mixture becomes coarse and crumbly. Sprinkle over the apples and bake in a 350 degree oven for 30 minutes until golden brown.